



# THE CHALLENGE

# WELCOME TO THE PERFECT PUTT CHALLENGE YOUR TASK FOR THE COMING WEEKS!

THIS CHALLENGE IS DESIGNED TO MOTIVATE YOU TO STAY COMMITTED.

THOSE WHO COMPLETE IT WILL NOT ONLY ENJOY GLORY AND HONOR BUT WILL ALSO TAKE THEIR PUTTING SKILLS TO A WHOLE NEW LEVEL.

### THE RULES OF THE CHALLENGE:

- Honesty and Fair Play Stick to the rules, even when it gets frustrating. In the end, cheating only cheats yourself.
- Fixed Order All exercises must be completed in the given order. There are no shortcuts.

### THE SPIRIT OF THE CHALLENGE:

 Motivate your friends to join the challenge. Challenge each other, share your progress, and encourage one another to stay on track.

### HOW IT WORKS:

- Work through the stages step by step in the order provided.
- Record your results and share them with your sparring partners.
- Stay committed. Be one of the few who make it to the final level and become the best putter in your golf club.
- Celebrate your progress Whether you've just started or are nearing the finish line, reward yourself for your effort.



# THE START

### STAGE 1

Hole 4 putts in a row from one putter length away. You have unlimited attempts today to complete this.



### STAGE 2

You must make a 2-putt from a distance of 10 large steps. You have as many attempts today as you need to succeed.

### STAGE 3

You must again make a 2-putt from a distance of 10 large steps. This time, you only have one attempt. If you succeed, you may move on to Level 4 today. If you fail, you must wait until tomorrow to try Level 3 again, with only one attempt allowed.

# STAGE 4

Congratulations! You've already completed 3 levels.

Now go to the last page and set up the "9 Ball" drill.

You have unlimited attempts today to achieve a score of +1 or better in this drill.

### STAGE 5

Now it's getting exciting! You've already completed 4 levels, but now it's time to test your nerves.

Place a ball one putter length from the hole.

You only have one chance to sink this putt. Take your time, follow your routine, and focus. If you miss, you must go back to Level 4 and start again.

If you make it, congratulations! You've completed this section!



# GOOD JOB!

### STAGE 6

# Welcome to the next page!

Play 9 holes on the putting green. Each hole should be between 4 and 10 large steps in length. Record your total number of strokes. If you stay under 20 strokes, you've completed Stage 6.

You have unlimited attempts today to achieve this.

### STAGE 7

Place a ball 1 step away from the green in the semi-rough. The distance to the flag is about 6-8 large steps. Use your putter. Today, you only have one attempt to hole out with 2 putts.

## STAGE 8

Go to the second last page and play the "Road to 100" drill. You pass the level if you score at least 60 points. You have unlimited attempts today to achieve the 60 points.



# STAGE 9

In Level 8, you worked on your distance control. Now show what you've learned. Stage 9 is another Pressure Putt.

Place the ball 6 large steps away from the hole. You have one chance today to get the ball within one putter length of the hole.

If you succeed, you can move on to Stage 10 today and finish the section. If not, you'll have to wait until tomorrow for another chance to complete the Pressure Putt.

# STAGE 10

Putt 3 balls into the hole in a row.

The first ball should be 1 putter length away from the hole, the second 1.5 putter lengths, and the third 2 putter lengths. If you miss, you must start over. You have unlimited attempts today to complete Stage 10. Congrats!



# KEEP GOING!

### STAGE 11

# Most people quit here!

You putted a ball somewhere onto the green. The ball must come to rest at least 5 large steps away from you. Now, you putt a second and third ball from the same spot towards the first one. Both must come to rest no more than 1 putter length away from the first ball. You have an unlimited number of attempts for this today.

### STAGE 12

This will be tough. You place a goal made of two tees directly in front of the hole. The tees are 4 finger widths apart. You putt 5 balls from a putter length away. The goal is to putt 3 balls through the gate into the hole without touching the tees.

You only have one attempt today.

# STAGE 13

Congratulations! You've completed Stage 12. Now, for some relaxation. Play 3 holes on the putting green, each between 3 and 6 steps long. Your total score must be even par or better. Each hole is a par 2.

# STAGE 14

We finish the page with a pressure putt. You probably still have Stage 12 in mind. You'll need to return to Stage 12 if you don't complete this task.

You have a putt from a putter length away. Set up a gate made of tees with a 5-finger width directly in front of the hole. Sink the putt without touching the tees to complete the stage.

# GUT GEMACHT!

DIE GESAMTE 50 STAGES CHALLENGE UND VIELE WEITERE DRILLS FINDEST DU UNTER

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# SPEED CONTROL

# ROAD TO 100

# STARTING LINE

GREEN READING

# **PROCESS**

The green should be flat. Place a tee at the following distances from the hole:

12 m, 10 m, 8 m, 6 m, 4 m

Place tees to create a square around the hole (one putter length wide / one putter length deep).

Play 5 putts from each tee. Start at the 4m tee. After each putt, move to the next tee. So, for the second putt, you'll play from the 6m tee, and so on. In total, you'll play 25 putts. Take a short break after every 5 putts. A holed putt or a putt within the corridor earns 4 points.

So, you can score a maximum of 100 points.

# EXERCISE STRUCTURE

12 m 10 m 8 m 6 m 4 m



# EXAMPLE

06TH JULY 2024 / 60 POINTS

HCP 36 32 HCP 18 52 SINGLE

SCRATCH



# **PROCESS**

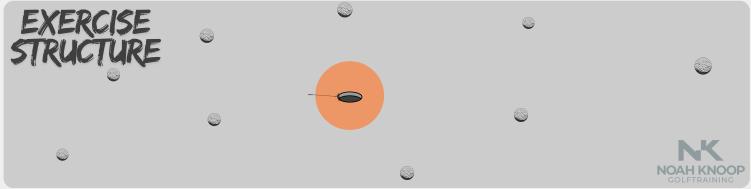
Place 9 balls randomly around a hole. All balls should be positioned 3–9 meters away from the hole. Around the hole, mark a circle with tees (inserted fully into the ground) or small coins (e.g., cent coins). This circle is your Par Zone, with a radius of one putter shaft (excluding the grip).

Now, play the balls to the hole in random order.

### Scoring:

- Landing in the Par Zone: Par
- Holing the ball: Birdie
- Missing the Par Zone: Bogey

Record your score.



<b>EXAMPLE</b> 06TH JULY 2024 / +1	
06TH JULY 2024 / +1	

HCP 36 +6 HCP 18 +3 SINGLE

SCRATCH

-2